

Note to parents: When you drop your students off for the retreat on Friday, we ask that you meet with one of the camp administrators for approximately 10-15 minutes.

Packing List for the Summer Pro Life Leadership Retreat

You should plan to bring the following items:

- Sunscreen, SPF 15 +
- Sunhat or baseball cap
- T-shirts and shorts
- Lightweight sweater
- Clothing for Sunday church & Worship Service
- Good walking shoes
- Cotton socks, lightweight and breathable (3-4 pr.)
- Undergarments (3-4 pr.)
- Pajamas (note: boxer shorts may not be worn as pajamas)
- Water bottle
- Slippers and/or flip-flops
- Shampoo, toothbrush, toothpaste, soap, deodorant, contact lens supplies, etc.
- Bed sheet and pillow, pillowcase, lightweight blanket or sleeping bag
- Bible
- Pen/Pencils + notebook.
- Over-the-counter and prescription medications you will need to take with dosage and instructions; [enclose in Ziploc bag. All items must be labeled with your name.]
- See special instructions & permissions for medical use
- A moderate amount of spending money & change
- Hairdryer (if needed)
- A small fan (optional)
- Cell phone (optional: may be used only to call parents and during specific times designated by camp staff)
- Frisbee, Football, Volleyball, Corn Hole if you have one!
- Snacks (munchies, brownies, cookies etc)

Please leave the following items at home:

- iPods
- Boom boxes, portable TV's, portable stereos
- CD Players and CD's, DVD's
- Laptops/desktop computers